

I D A H O

STATE PREVENTION INVENTORY - IDAHO PROFILE

STATE PREVENTION SYSTEM

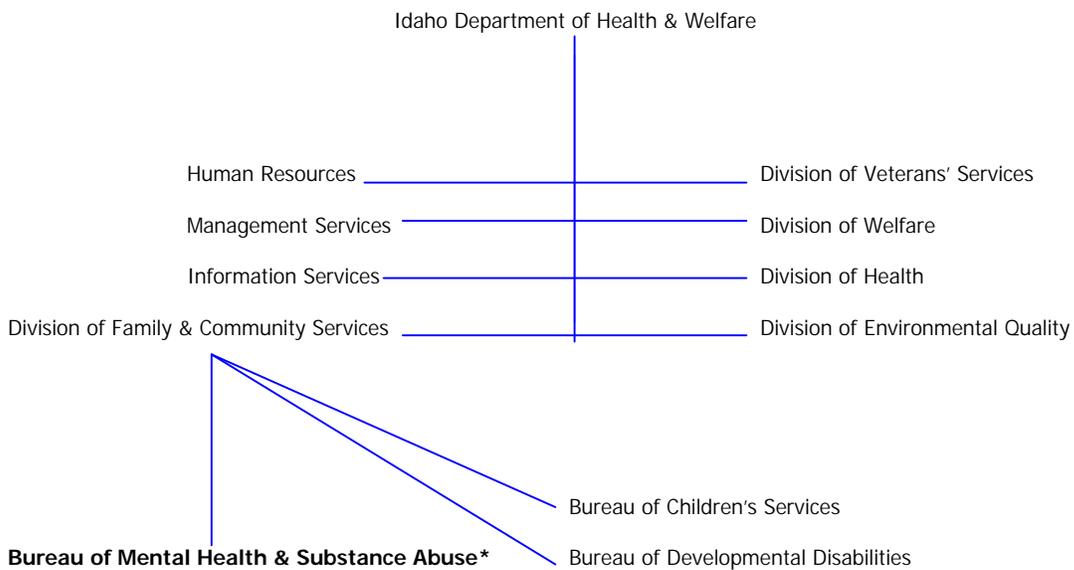
Structure and Organization

The Bureau of Mental Health and Substance Abuse, formed by combining the Bureau of Substance Abuse with the Bureau of Mental Health, falls under the Division of Family and Community Services, which in turn is an entity comprising the Idaho Department of Health and Welfare (DHW). The DHW is the single state agency designated to receive and administer the State's Federal Substance Abuse Prevention and Treatment Block Grant.

The DHW is organized into seven regions, and the Substance Abuse Program of the Bureau of Mental Health and Substance Abuse has combined regions to form integrated service areas or purchasing zones. Each region has formed a Regional Substance Abuse Authority appointed by the DHW's Regional Director to publicly drive the substance abuse system in partnership with program specialists in the central office of the DHW.

A tenet of Idaho's prevention philosophy is reliance on grassroots input into prevention programming. Prevention strategies include education, alternative activities, public information and awareness, community programs, and public policy/environmental strategies.

Organizational Chart



* Prevention activities fall within this Bureau.

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FUNDING AND RESOURCES

Year (FFY)	State Funding	SAPT Funding	20% Set-aside
1993	\$0	\$3,472,482	\$875,924
1994	0	4,348,294	877,613
1995	0*	4,341,003	870,258

* See Endnotes.

Allocation of Funds

CSAP Strategy	FFY 1993	FFY 1994	FFY 1995
Information Dissemination	\$134,099	\$83,911	\$102,583
Education	67,887	109,542	98,582
Alternatives	7,286	0	196,660
Problem Identification and Referral	9,306	4,972	94,461
Environmental	100,795	100,264	0
Community-based Process	108,033	118,444	57,461
Other*	448,518	460,480	320,511

**Other* expenditures included Resource Development activities and Synar Amendment compliance.

Resource Spending	FFY 1993	FFY 1994	FFY 1995
Planning, Coordination, and Needs Assessment	\$38,909	\$38,909	\$58,928
Quality Assurance	193,758	103,758	122,474
Training (post-employment)	30,000	40,000	31,200
Education (pre-employment)	49,615	72,040	72,000
Program Development	116,728	116,728	137,784
Research and Evaluation	0	0	0
Information Systems	0	0	0

Substate entities receiving set-aside funds for prevention service delivery

- 7 regional service centers

Average amount of grant/contract:

- FFY 1993 - \$14,799
- FFY 1994 - \$8,573
- FFY 1995 - \$10,611

Per-capita 20% set-aside spending (population):

- FFY 1993 - \$0.80
- FFY 1994 - \$0.77
- FFY 1995 - \$0.75

Staff/Volunteers designated and supported by set-aside funding and level:

- FFY 1993 -
 - State: NA *
 - Regional: NA
 - Local: NA
- FFY 1994 -
 - State: NA
 - Regional: NA
 - Local: NA
- FFY 1995 -
 - State: 3 FTE
 - Regional: NA
 - Local: NA

*Data not available from State.

STATE CONTACT

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PROGRAMS AND SERVICES

Definition of Prevention:

Prevention is defined as "strategies that reduce the incidence of alcohol and drug abuse by assisting individuals in developing chemical-free lifestyles." A tenet of Idaho's prevention philosophy is reliance on grassroots input into prevention programming. Prevention strategies include education, alternative activities, public information and awareness, community programs, and public policy/environmental strategies.

Does the State have prevention plan?

Yes, a four-year plan (1996-2000).

- Family systems not affected by substance abuse
- Family systems affected by substance abuse
- Communities
- Hispanic population

Target populations for prevention services:

- Non-substance using youth and young adults
- Youth and young adults involved in alcohol/drug use; high-risk use
- General adult population

Total Number served:

- FFY 1993 – N/A*
- FFY 1994 – N/A
- FFY 1995 – N/A

*Data not available from State.

Programs funded:

Type	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995	
Information dissemination	1/202,430***	N/A ◊	N/A	Television/radio commercials; RADAR Center at Boise State University; 3 statewide newsletters
Education	64/541* 5/341**	N/A	N/A	Curricula at Lewis & Clark State College, Idaho State University, and College of Southern Idaho; workshops; in-service trainings; Baby Your Baby; teen parent case management programs
Community and professional mobilization	N/A/4,164	N/A	N/A	Family intervention/support; community mobilization
Alternatives	N/A	N/A	N/A	Youth leadership conference; ATOD-free activities; problem solving/social competency skill development programs
Social policy and environmental change	5,454/81,772 1,558/102,215 ♦	N/A	N/A	Television/radio air time (managed by the Youth Education Account Advisory Committee)

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Type	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995	
Problem identification and referral	N/A	N/A	N/A	Activities within juvenile detention facilities; activities within agencies serving pregnant/parenting teenagers

*Number of on-site inservices provided in school districts throughout Idaho, and the number of educators trained.

**Number of conferences providing substance abuse general education, and the number of educators/community members trained.

***1 RADAR Center sent out 202,430 pieces of material during this time period.

◆Number of radio spots and estimated listeners; number of television infomercials and estimated viewers.

◇The State did not track this information within this time period.

DATA COLLECTION ACTIVITIES

Results currently available on prevention programs funded by the 20% set-aside (including needs assessments and data collection):

The Bureau of Mental Health and Substance Abuse (BMHSA) handles data collection from prevention providers as well as evaluation activities. These activities are funded by both the 20% primary prevention set-aside of the SAPT Block Grant and the Governor's portion of Safe and Drug-Free Schools and Communities funds. Providers are required to submit quarterly and final reports to DMSHA. The bulk of the data currently being collected focuses on program process evaluation measures. The data are aggregated by the State staff and are used in program planning.

A portion for the 20% primary prevention set-aside is used for program development. The results of the data collection activities (i.e., needs assessment and evaluation) are used in this development. The data are shared with substate regional substance abuse authorities and BMHSA staff to assist in regional and statewide program planning. This process includes correlating individual program target populations and activities with service need implications from the State's prevalence surveys, namely the Idaho Department of Health and Welfare Youth Risk Behavior Survey (YRBS) and the Idaho Department of Education Substance Use and School Climate Survey.

Needs data are also extrapolated from the existing incidence and prevalence studies conducted by the Department of Education, criminal justice agencies, DHW Center for Vital Statistics and Health Policy, and program reports.

BMHSA also focuses program development efforts on enhancing and expanding individual prevention program outcome and impact evaluation aspects.

SUPPORT SERVICES

Training and Technical Assistance:

Services are provided by Idaho State University's Department of Health and Nutritional Sciences, and include the following:

- Support for three annual substance abuse prevention/health promotion regional conferences attended by educators and community members throughout the State.
- Preparation and dissemination of newsletters or information updates to all State school districts, DHW substance abuse Regional Substance Abuse Authority members, Drug-Free Schools and Communities Act school advisory boards, all licensed social workers and foster parents within the State, and other interested persons.
- Provision of in-service substance abuse prevention/health promotion training programs to school districts.
- Presentation of programs for community groups that meet particular substance abuse prevention/health promotion education needs.
- The program offers diversified, on-site training and distributes high-quality training material to participants. Participants receive continuing education credits from the university upon completion of their training.

Certification Activities:

Idaho has no certification process for prevention professionals. Counselor certification is available, but it is voluntary. There is no formal staff development program for prevention practitioners at the local level; each region receives block grant funds to provide training and education opportunities for prevention staff. These opportunities include courses, conferences, and other educational initiatives.

Endnotes

Effective July 1, 1995, the Department of Education received \$7 million per State fiscal year (July 1 – June 30) to spend on primary and secondary prevention programming. These monies had been derived from a new tax; the State did not specify the exact amount.